

CARNATIC VOCAL

LEVEL 1 SYLLABUS

- I. Varisai (Pattern Exercises) in Ragam Mayamalwagoula/Adi Talam at three speeds
 - a) Sarali Varisai (1 to 14)
 - b) Sthayi (Octaves)
 - ·Madhyasthayi
 - ·Tharasthayi
 - ·Mandrasthayi
 - c) Janta Varisai (Double notes)
 - d) Dhattu Varisai (Jumping notes)
 - e) Sapthataalas (Alankaras)
 - IDruvam, Mathya, Roopaka, Jhampa, Triputa, Ada, EkaI

LEARNING OUTCOME

- flexibility and refinement
- Opening up of the vocal passage
- Identification and expansion of Vocal range
- Understanding and continued study of Gamak
- Understanding of 7 talas and mathematical skill development
- Nomenclature of 12 notes and clarity on the positioning of various notes
- Better breath control leading to better health
- Significant improvement in listening ability (the original goal of Carnatic music study)
- Exposure to multiple languages such as Telugu, Tamil, Kannada, Malayalam, Sanskrit, and Hindi

NOTE

- This syllabus is an outline; less or more content may be covered depending on an individual student's ability